

January 23, 2023

P&O Cruises to host some of the UK's favourite TV talent on 2023 itinerary

P&O Cruises has today announced Helen Skelton, Jay Blades and Ross Kemp as the latest additions to the 'P&O Cruises Presents: Sail with the stars' holidays, which showcase celebrated UK stars from a range of popular interests.

The TV Talent cruise, which will be included in the price of the holiday, will take place on board Ventura to Western Europe in May 2023. In addition to the usual breadth of destinations, shore experiences and choice of dining on board, guests will have the opportunity to enjoy insights from behind the camera with Jay Blades of BBC's The Repair Shop, Blue Peter and Countryfile presenter Helen Skelton and actor and documentary maker Ross Kemp.

More information on 'P&O Cruises Presents: TV Talent'

Western Europe, 7 nights (N313) from £629pp

P&O Cruises is offering a seven night cruise on Ventura from £629 per person for an inside cabin. Departing May 20, 2023, the price includes full board meals, entertainment and children's clubs. Departing and returning to Southampton, ports of call are Vigo, Lisbon, Porto (from Leixoes) and Guernsey.

As previously announced, sports enthusiasts will have the opportunity to enjoy memorable stories, games and entertainment on the Sporting Icons cruise with broadcaster trio Sue Barker, Matt Dawson and Phil Tufnell on a seven-night cruise to Spain and Portugal. Guests who enjoy tales of the wilderness and the great outdoors can join the five-night Global Explorers cruise with adventurer and TV presenter Ben Fogle, travel journalist Simon Calder and Monty Halls, best known for his BBC Great Escape series.

More information:

P&O Cruises Presents: Sporting Icons

Spain and Portugal, 7 nights (N325) from £699pp

Sporting legends Sue Barker, Matt Dawson and Phil Tufnell, as well as former British snowboarding sensation and TV presenter Aimee Fuller will join guests on board this 7-night cruise on Ventura from £699pp for an inside cabin. Departing September 2, 2023, the price includes full board meals, entertainment and children's clubs. Departing and returning to Southampton, ports of call are Vigo, Lisbon, Porto (from Leixoes) and Cherbourg.

P&O Cruises Presents: Global Explorers

Short break, 5 nights (N327) from £499pp

Ben Fogle, Simon Calder and Monty Halls will join guests on board this 5-night cruise on Ventura from £499pp for an inside cabin. Departing September 19, 2023, the price includes full board meals, entertainment and children's clubs. Departing and returning to Southampton, ports of call are Le Havre and Rotterdam (with tours to Amsterdam),

For more information or to book call P&O Cruises on 0344 338 8003, visit www.pocruises.com or contact a travel agent.

Notes to editor

TV Talent biographies

- Helen Skelton Helen first appeared on TV screens as a reporter and occasional presenter on the popular Newsround and Sportsround. Her long-standing role on Blue Peter saw her take on incredible challenges, completing the Namibia Ultra Marathon (only the second woman ever to do so), kayaking over 2,018 miles down the Amazon River (breaking two Guinness World Records) and in 2012, travelling 500 miles across Antarctica to the South Pole, becoming the fastest person to travel 100km by ski. Helen worked on the Summer Olympics in London 2012 and Rio 2016 as well as presenting the World Swimming Championships. She has been part of the Countryfile presenting team since 2012, and most recently danced her way to the final of BBC's Strictly Come Dancing 2022.
- Jay Blades Jay Blades is the nation's favourite furniture upcycler who inspires individuals, companies and charities to transform old furniture into works of contemporary design. Since 2017, Jay has hosted BBC1's heartwarming primetime show The Repair Shop, running for seven series. It follows a workshop filled with expert craftspeople bringing treasured pieces of family history and the memories they hold back to life. In 2021, Jay starred in BBC2's Jay's Yorkshire Workshop. Jay opened the doors to his brand new workshop in Bradford, where members of the public would nominate local heroes from across Yorkshire to receive a handmade, bespoke piece of furniture to acknowledge the work they do for their community.
- Ross Kemp Ross is a BAFTA award-winning documentary maker, actor, and author, who rose to prominence portraying Grant Mitchell in the BBC1 soap Eastenders. Since 2006 he has received international recognition for his awardwinning, exciting and hard-hitting documentaries, including Ross Kemp: Extreme World, Ross Kemp in Afghanistan and Ross Kemp on Gangs.

Images of TV talent can be found <u>here</u>. Sporting Icons and Global Explorers press release can be found <u>here</u>.

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About P&O Cruises

P&O Cruises is Britain's favourite cruise line, welcoming guests to experience holidays with a blend of discovery, choice, relaxation and exceptional service catered towards British tastes. The fleet of seven ships each have their own appeal from family friendly or exclusively for adults.

With over 200 destinations worldwide, P&O Cruises Itineraries are carefully curated to inspire discovery, and are varied to suit newcomers and experienced guests alike. With a wide choice of holidays from two days to three months there is something for everyone.

Arvia joined the P&O Cruises fleet in December 2022 as its second LNG-powered, Excelclass ship offering a Caribbean maiden season of fly-cruise holidays from homeport Barbados.

Arvia, meaning "from the seashore," is an innovative and future-focused ship and the latest evolution in the P&O Cruises experience, embodying the newest trends in travel, dining and entertainment to offer varied and contemporary holidays.

The ship boasts a unique SkyDome with a retractable glass roof and 16 guest decks, and will feature the first Altitude Skywalk high ropes experience, the tropical-themed Altitude Minigolf, the Altitude Splash Valley aquazone, an outdoor Sports Arena, swim-up bar and infinity pool. It will also offer guests several new dining options such as Green & Co feat. Mizuhana, Ocean Studios cinema, extensive shopping, and the Oasis Spa and Health Club.

British Travel Awards Winner 21/22 – Best Cruise Line for Family Holidays.

Cruise Critic Editors' Picks Awards Winner 2022 – Best for Families.

The company is part of Carnival Corporation & PLC (NYSE/LSE: CCL; NYSE:CUK).

Included in the cost of a P&O Cruises holiday

P&O Cruises offers unbeatable value with so much included, including accommodation, full board meals, pools and entertainment (theatre shows, headline performers, live bands, comedy and first run films), as well as supervised round-the-clock complimentary children's clubs on our family-friendly ships. Shore experiences and drinks can also be pre-purchased in pounds avoiding any currency exchange fluctuations.

Pay Monthly

Guests can spread the cost of their holiday with monthly payments, at no extra cost, when booking directly with P&O Cruises.

For further press information please contact:

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